

## The Slovenian Mountain Trail Guidebook:

The Slovenian Mountain Trail starts in Maribor on the edge of the Pannonian Basin. It will take you across Pohorje, the lofty peaks of the Kamnik-Savinja Alps, and the border ridge of the Karawanks to the Slovenian Alpine Museum in Mojstrana. After visiting the museum (highly recommended), there will be the Julian Alps ahead with the highest and most difficult summits of the whole journey – Triglav, Razor, Prisojnik, and Jalovec. After reaching the valley of Trenta, you'll walk along sunny and pleasant paths through the Triglav Lakes Valley, across Komna, and along the Bohinj-Tolmin Ridge before finally reaching Cerkljansko hribovje (the hills around Cerklje). The final part of the trail is the most diverse. There'll be no more steep rocks and steep rock faces; instead, you'll be able to enjoy long and pleasant strolls along the gently rolling hills leading all the way to the sea.



## Logbook of the Slovenian Mountain Trail:

The first part of the logbook has space for stamps of the Slovenian Mountain Trail from Maribor to Debeli Rtič, while the second part is devoted to the Extended Slovenian Mountain Trail. The logbook also includes the Rules for awarding the honorary badge, which is awarded to everyone who finishes the trail. One Euro from each logbook sold goes to the maintenance of the SMT.



## Hiking maps of the Alpine Association of Slovenia (1 : 50.000) of the areas that the SMT runs through:



## Hiking maps of the Alpine Association of Slovenia (1 : 25.000) of the areas that the SMT runs through: Grintovci, Storžič and Košuta, Stol, Triglav, Jalovec and Mangart, Bohinj, Krnsko pogorje



The logbook, guidebook, and maps are sold by the Alpine Association of Slovenia:  
Planinska trgovina PZS, Ob železnici 30a, SI-1001 Ljubljana, Slovenia  
ONLINE SHOP:  
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Published by the Alpine Association of Slovenia (on behalf of the publisher: Jože Rovani),  
October 2019, 5000 copies.  
Edited by Bojan Rotovnik, front cover photo by Manca Ogrin,  
map by Matjaž Klanjšček, translated by Gorazd Pipenbaher,  
layout by Andreja Aljančič Povirk, printed by FotoIsto Dolenc d.o.o.



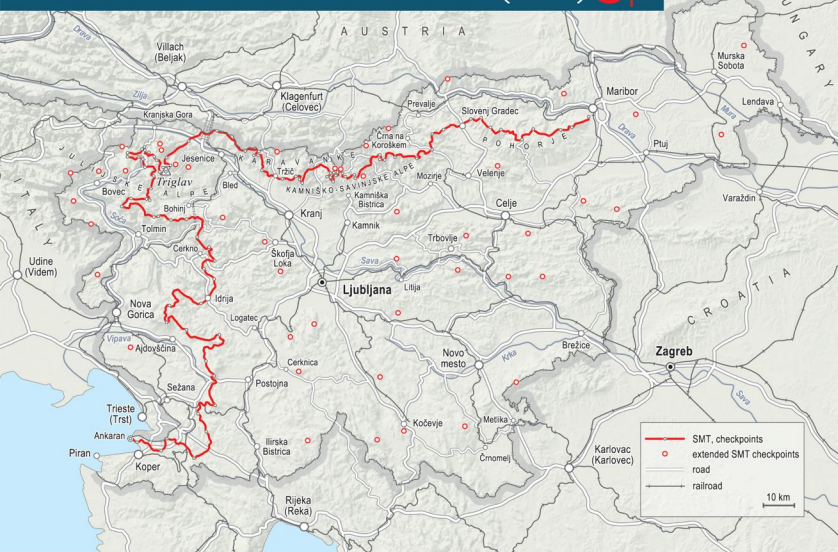
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# Slovenian mountain trail (SMT)

UNFORGETTABLE EXPERIENCE  
IN THE SLOVENIAN MOUNTAINS



# SLOVENIAN MOUNTAIN TRAIL (SMT)



- The Slovenian Mountain Trail (SMT) is the oldest long-distance mountain trail in Slovenia and the whole of Europe. It opened in 1953 to honor the 60<sup>th</sup> anniversary of organized mountaineering in Slovenia. The driving force behind its establishment was Ivan Šumljak (1899–1984), a geography professor, chronicler, mountaineer, and active trail marker from Maribor.
- The trail runs from the northeast to the southwest of Slovenia and covers most of the country's mountains – from Maribor to Debeli rtič at the Adriatic Sea.
- It's marked with the Knafelc blaze (a white dot inside a red ring), which is accompanied by number 1.



- There are fifty-five huts along the SMT, providing accommodation, food, and drink. We recommend that you check whether the huts are open before embarking on your trip ([en.pzs.si/koce.php](http://en.pzs.si/koce.php)). Make sure to book your stay in case you plan to spend the night (reservations are valid until 17:00; please inform the hut personnel if you'll be arriving later).
- The Slovenian Mountain Trail has no time limit. An honorary badge is awarded to anyone who hikes the entire Slovenian Mountain Hiking Trail and collects all the stamps in their Logbook (from Maribor to Debeli rtič). If a stamp is missing, a photo can be used instead, but for a maximum of 5% of checkpoints.

○ For the most part, the SMT runs along easy trails, while some high-alpine stages also consist of difficult or even very difficult trails. But regardless of the difficulty of the trail, all hikers and mountaineers must be cautious, fit, and well-equipped.

## ○ DIFFICULTY RATINGS ON MAPS AND SIGNS

- Easy trails
- - - Difficult trails – occasional use of hands, steel ropes, and other equipment to increase safety. A helmet is recommended.
- △ Difficult trails – use of hands is mandatory. Steel ropes, iron pegs, and other equipment to facilitate upward movement. A helmet, climbing harness, and via ferrata kit is recommended.
- If you'd like to experience the Slovenian mountains in more detail, there's also the Extended Slovenian Mountain Trail, which will take you to other interesting mountains and regions across Slovenia.

## ○ SMT in numbers:

- Length: 617.4 km (592.8 km along easy trails, 13.4 km along difficult trails, and 11.2 km along very difficult trails)
- Number of checkpoints: 80
- Elevation gain/loss: 37.3 km of elevation gain, 37.6 km of elevation loss
- The trail connects: 55 mountain huts and one bivouac hut, at least 35 summits, and 5 Slovenian towns
- Estimated time: about 250 hours or 28–37 days
- The SMT has been completed by more than 10,000 hikers

**ATTENTION** – all users must assume full responsibility for their own actions and personal safety while using the trails. You should act in a responsible and safe manner, making sure not to cause injury or harm to yourself or others. You must use the trails in a way that doesn't cause any harm to the trail and the land it is on, as well as to other immovable property, plants, and animals in the vicinity of the trail.

It is forbidden to restrict access to hiking trails or damage, remove, or destroy blazes, signposts, sign-in books, steel ropes, pegs, and other equipment. It is forbidden to use shortcuts that aren't marked. Don't walk on unmarked terrain and in snowy conditions, unless you know the terrain extremely well and have plenty of experience in winter mountaineering.